



**A very warm welcome  
Sunday 8th March 2026**

22 The steadfast love of the Lord never ceases; his mercies never come to an end; 23 they are new every morning; great is your faithfulness. (Lamentations 3:22-23, ESV)

**What to Expect:**

Welcome - Tom Wright  
Song - Great Is Thy Faithfulness  
Song - You Alone Can Rescue  
Confession  
Lord's Prayer  
Prayers led by Philippa Widdows  
Notices & Break  
Song - O Great God  
Reading - Danny Yap  
Sermon - Psalms 42-43, Chris Fishlock  
Song - O Lord My Rock And My Redeemer  
Final Words

**Children:** Please settle all children under age 11 in an age-appropriate group before the service starts. Babies under 6 months are welcome to stay until the break.

**Livestream & Photography:** Our service is being livestreamed. You may feature if you're in shot of the camera at the back. Photos and videos may be taken during this service for church publicity, including social media. If you would prefer not to appear in any photos or videos, please speak to a member of staff.

**Notices**

**1. Welcome.** Especially if you are new! Scan the QR code to stay up to date with church family news and events. Or fill in a 'tell me more' contact card at the back.



**2. How can a good God allow suffering?** An evening of drinks & canapés, followed by a talk and the chance to ask questions. **Wednesday 25 March, 18:30 - 20:00** at St Nick's. Scan the QR code for more information to sign up.



**3. Women's Brunch.** Open to all St Nick's ladies! Join us for food, fellowship and time in Revelation 21 - 22 as Lizzie Price, Women's Minister at the London Bridge Talks, speaks for us. **Saturday 28 March, 11:00 - 13:30** at St Nick's. Scan the QR code for more information and to get a ticket.



What to do when you're feeling blue

1. Feeling down (42:1-4)

...starting to deal with it (42:5)

2. Feeling overwhelmed (42:6-10)

...continuing to deal with it (42:11)

3. But getting a grip (43:1-4)

...confidently dealing with it (43:5)

**Questions for discussion:**

What do you find encouraging about this pair of psalms?

What do you naturally turn to when feeling blue and how do these psalms challenge that?