



Welcome to Summer Small Groups!
9th September 2026

The Cross and Social Media

Introduction: What we look at matters

Matthew 6:22-23: 22 "The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light, 23 but if your eye is bad, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!"

1. Social media directs our attention towards the visible

2. Faith shifts our attention beyond the visible

Hebrews 11v1: "Now faith is the assurance of things hoped for, the conviction of things not seen."

Hebrews 11v8-10: "By faith Abraham obeyed when he was called to go out to a place that he was to receive as an inheritance. And he went out, not knowing where he was going. 9 By faith he went to live in the land of promise, as in a foreign land, living in tents with Isaac and Jacob, heirs with him of the same promise. 10 For he was looking forward to the city that has foundations, whose designer and builder is God."

Hebrews 11v24-26: "By faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to be mistreated with the people of God than to enjoy the fleeting pleasures of sin. He considered the reproach of Christ greater wealth than the treasures of Egypt, for he was looking to the reward."

3. Looking at Jesus helps us persevere in faith

Hebrews 12:1-3: Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, 2 looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. 3 Consider him who endured from sinners such hostility against himself, so that you may not grow weary or faint-hearted.

Questions for discussion: (existing small group leaders please lead the discussion)

1. What detail(s) did you find most surprising / encouraging / challenging in the passage?
Are there any details you would like to clarify?
2. What does social media tend to make you look at or desire?
(eg. status, relationships, experiences, appearance, money, career, approval)
3. Can you think of an area where you are tempted to live more by sight than by faith?
What does that look like in practice?
4. What do Abraham and Moses teach us about the relationship between what we believe about the future and how we live now?
5. What do you think it actually looks like to “fix your eyes on Jesus” in everyday life?
What practical habits might help us keep Jesus in front of us?
6. Is there a “weight” in your use of social media that you might need to lay aside - and how could we encourage one another to do that?

Take some time to pray